Factors of Forming the Spirituality of Underage Youth

Abstract: In this article the issues of spirituality are described. Spirituality and sociological research of juvenile youths enrich social-humanitarian spheres. Political, spiritual, educational, cultural life in the development of independent Uzbekistan contributes to a deeper understanding of their peculiarities, evolution and historical roots. This article can serve as a theoretical source of the formation of a democratic state and civil society. The purpose of the study is to research the methodology of developing and promoting the spirituality of underage youth, analyzing and synthesizing the spirituality of underage youth in sociological terms, analysis of the development of spirituality of underage youth based on new sources and modern approaches, to demonstrate the role and place of underage youth in the development of society.

Key words: younger generation, community, degradation, heritage, religion.

Language: English


Soi: http://s-o-i.org/1.1/TAS-11-79-135  Doi: https://dx.doi.org/10.15863/TAS.2019.11.79.135
Scopus ASCC: 3316.

Introduction
From the very first days of the independence of the country, priority attention has been paid to the care of young people and their future. For the sake of establishing civil society, democratization of our society was based on the essence of human interests, young people, who are the basis and support of our country, our development.

The plan of measures aimed at raising a healthy and harmoniously developed generation, as well as achieving the creative and intellectual potential of young people, as well as capable of fully meeting today's requirements has been defined.

One of the most important issues in the political life of our country is the upbringing of harmoniously developed generation in the spirit of national and universal values, as the true heirs of tomorrow. In this regard, national values and traditions, unique cultural and spiritual heritage, unique monuments of our great ancestors play a special role. Studying them, analyzing them, developing modern trends in the minds of the younger generation is one of the most urgent tasks of today. Because restoration of national values and their study at the level of state policy will contribute to the upbringing of a harmonious generation, education of the national values, and the sincerity of the civic position.

It is well-known that the center of youth policy focuses on the radical improvement and modernization of education processes for young people, upbringing harmoniously developed generation, and the strong social protection of young people. The Law "On Education", developed by the initiative of the head of our state, "National Training Program" serves as an important document in the country's youth policy. It should be noted that the policy of youth in our country is characterized by its consistency.

First and foremost, the priorities of the political, legal and spiritual development of the younger generation for modern education and comprehensive development were identified at the forefront. From the very first steps of our independent development, the President of our country has undertaken to fully upgrade the education system of our country on the basis of the magnificent tasks facing our society, to serve the interests of the young people who are the
foundation of our independent education for the sake of independent democratic development.

It is well known that in a democratic state, young people can realize their rights and needs only through a state-focused policy. So young people need the government's special attention to becoming a social group that will provide the future of society. In our country, this side of the issue is always being paid serious attention. This can be seen in the widespread expansion and coverage of the youth state policy. If we clearly state our ideas, the realization of youth interests in our country has become the center of nation-building policy.

During the years of independence in our country certain work has been carried out to educate young people in the spirit of patriotism, respect for national traditions and values, upbringing of spiritually mature and physically healthy companions, protection of their rights and interests.

At the same time, the analysis of the situation and the activities carried out in the field is aimed at creating an enabling environment for the integration of young people, especially in the unemployed youth, their comprehensive support, career guidance and that jobs are not organized at the proper level, to encourage their initiatives. It should be noted that the Action Strategy for the five priorities of the Republic of Uzbekistan for 2017-2021 sets out a number of new and important tasks related to raising youth activism in the reform of democratic state building and civil society development. President of Uzbekistan Shavkat Mirziyoyev at the Fourth Congress of the Kamolot Youth Social Movement said that "The main task for all of us is to improve the socio-cultural environment in our country, protect young people from various religious extremist influences. Is it wrong for a child in school, lyceum-college, or community to go astray and find that his peers, youth organizations are aware of it? In this sense, the call to "Save your own child yourself!", which is becoming widespread in our country today, penetrates deeply into the hearts and souls of every citizen, every people, not just a slogan. , should become a realistic movement. I think it's time for parents to raise their responsibilities and responsibilities for the upbringing of children on a legal basis." (Shavkat Mirziyoyev, 2017)

There is a unique process of renewal in all spheres of our country's social life. The first step is to help the human being to take active part in this process. The family has become and remains the most important factor for the development of society.

Announcing 2014 as the Year of Healthy Child is one of the most important and appropriate measures of our state. The family is the main category of its status, upbringing a healthy and competent person in the family, family members' responsibilities, family peculiarities, family relationships in family, family members, and national model of Uzbek family.

The clear guidelines of the first president's "High Spirituality - Invincible Power" work out what the basic criteria for shaping the spirituality of the younger generation, or what they need to understand in terms of the values of spiritual life. "Norms" means a scales, that is, a precise measure, a "criterion" in European terminology. So, what should we focus on in the spiritual education of our youth? It is important for us to show who we are youngsters, what dimensions and what kind of rules we should use - all of them clearly pointed out and nominated. These are the great and noble spiritual (scientific, artistic, philosophical) heritage created by our great ancestors, their exemplary lives, the sacred religion, the great and eternal truths expressed in our values are high emotions. In the book "High Spirituality - Invincible Power" of our first president, these particular attention is drawn to three sacred places in the minds of the younger generation: the first is the family, the second is the mahalla, and the third - the educational system. If the spiritual environment in these three places is favorable, all will be fine, and if they go down to the degradation, the whole community will fall into ruin. Unfortunately, for certain reasons, problems have accumulated in all three places today.

The book focuses on the spiritual environment of the family. Some parents do not seriously consider the interests and aspirations of growing younger children, in their "mindset, everyday changes occurring and new questions arise." Parents have a tendency not to behave before a child, and instead of being an example to their children in the moral sphere, they have a bad influence on the family of their family, and even in some families. The happiness of others, who may have serious consequences in the world, is regrettably recorded as follows: "We have the happiness of our children, we want to keep in mind that not only the behavior of the family, but also the neighborhoods can affect the heart and mind of the child, we must not forget the great responsibility that we have in this matter." (Karimov I, 2008)

Our national writer, Abdulla Qodiri's illustration of the Uzbek family, described in "The Past Days" illustrates the examples of morals and aesthetics. Emphasizing the longevity of the Uzbek people and their kindness, the author states that such kind-hearted feelings should be spent on the way of raising children "from the very beginning to the national education, morals, and high spirituality".

The mahalla is the largest and the most venerable Motherland, which combines human beings with society. The author points out that our nation is a "neighborhood - both father and mother" and describes these words as "the expression of vital truth" for our nation and emphasizes the role of mahalla as a school of education.

During the years of independence, it is important to improve the spiritual environment of the family, to raise the social status of the mahalla, which is our
eternal value, as well as the ongoing reforms in the field of education. It should not be forgotten that the foundation of our future is created in the educational institutions, in other words, what tomorrow's day depends on how our children are educated and educated today.

To do this, each parent, teacher, and trainer must first see the person in the image of each child. We have to admit that this requirement should be the main goal and the task of educating our children as mature, intelligent people who are capable of independent and broad thinking, said our President. This requires proper education and upbringing. Therefore, it is absolutely impossible to avoid superficial, formal approaches in this area, and things that are not well thought out.

Education is the ultimate condition and pledge of human prosperity and the nation's prosperity, the nation-wide issue controlled by the state and society. Education and training should be carried out in an inclusive manner. The main purpose and mission of education is to educate a perfect human. But in the recent past, we have become the main goal of educating the child about natural and exact sciences, and the spiritual upbringing of the child has been abandoned, and often turned into a political and organizational phenomenon. The new focus has been put on this subject, thanks to the reforms of the Government and the National Program for Personnel Training, the "National Program for the Development of School Education" and other educational processes. The family is healthy - society is strong, if society is stable - the country stabilizes. (Karimov I, 2008) If you can choose your own way of life and give it your full potential and wholeheartedness, happiness will search for you, and your persistent and long-term action will make you a bright future. The healthy environment and spiritual perfection in our country testify to the firmness and stability of each family foundation. The family is the sacred place, and if our family is peaceful and prosperous, then the development of our society will be so high.

Special attention will be paid to the delicate aspects of our children's upbringing, especially to the fact that they are industrious, kind, courageous and courageous. But unfortunately, among them, there are children who are inclined to live in lightweight, unstable and unwanted ones. We do not think that people of this category are interested in the style of life in the West, and that different show programs, foreign-spending nights do not change their fate. It's no secret that nowadays, films that promote light-weight, subtle, and harmful habits, such as computers, internet clubs, and TV-sets, have a negative impact on the upbringing of young people. These, in turn, lead to frenzy, drunkenness, and degradation. Playing computer games with violence and cruelty affects some young people's education, lifestyle, and culture. Scientists have discovered that militant computer games often lead to negative emotions such as emotional and intolerant childishness, indifference to and emotional abuse of the environment. As a result, such qualities as irresponsibility, light nature, lead the kid to the crime scene through alcohol and tobacco abuse. With the advent of society and the existing laws, it will be renewed and improved in the face of new relationships. The perfectness of the law is determined by the extent to which it is implemented and that it serves the interests of the community. Adopted in 1998, the Law of the Republic of Uzbekistan on Advertising, this law regulating advertising, regulates economic relations related to the production and dissemination of advertising. The introduction of amendments and addenda to the law will serve to ban tobacco, tobacco and alcoholic beverages ban entirely, protect entrepreneurs from illicit competition and protect consumers' rights. The head of our state pays special attention to the upbringing, health, well-being, education and spirituality of the younger generation. Among the young people is the formation of a healthy lifestyle culture, careful attitude to their health, from deeply-rooted pre-school educational institutions to institutions of higher learning, immorality, all mechanisms are used to understand the true nature of threats and risks under the mask of the "mass culture".

The above-mentioned legislative changes also serve to achieve these goals and ensure that young people are protected from harmful habits. Occasionally, there are cases of alcohol and tobacco sales in educational institutions, especially in schools and colleges. How does the law deal with this issue? The school is a school of education. Those who are raised there are just inclined to make conclusions from the exemplary, useful, vital, positive events. The sale of alcohol and tobacco products near these facilities, and the inappropriate behavior of those consumers will not affect the upbringing. Psychologists estimate that mothers are unresponsive to child upbringing because of their aggressiveness and aggression. Especially in the adolescent organisms, the hormonal changes affect their mood and emotions (Ismoilova, 2016). It is important for you to hear, to believe in him, to have a full and sincere conversation with him, to show kindness and to be in constant control. Issues related to the sale of alcohol and tobacco products are regulated by the legislation, according to the Decree of the President of the Republic of Uzbekistan dated March 16, 2007, PQ-605, the sale of alcoholic beverages to trade outlets, and establishing a trade area within a range of at least 500 meters from living areas. However, many of these mistakes are made by some of our businessmen.

In this sense, the elimination of these circumstances will be appropriate if it is done not only by the law but also by the responsibility of every individual in society. It is natural for a person to entertain and smuggle alcohol and tobacco products.
into different criminal streets. In order to avoid such widespread wars, young people should be able to embrace ideas. It is a pity for all of us that the globalization process entails such dangerous ideas as entering into a "mass culture" with the advent of youth, such as moral maladjustment, violence, and wealth (Kuranov, 2018). Because the greatest danger to human life, family holiness, and the upbringing of young people is alcohol and tobacco products. As a result, it is no secret that there are cases of juvenile delinquency and crime. Things that are happening around us need to be vigilant, not calmness and indifference. As our President pointed out, "It is obvious to all of us that where there is negligence and indifference, the most pressing issues are left to the point where spirituality becomes weaker and weaker, and vice versa - where vigilance and diligence, high intelligence and thinking dominate, spirituality becomes a mighty power." From this point of view, we must all be responsible for the upbringing of young people, and we must fight against the commonalities that are not ours. Undoubtedly, harmoniously developed generation and patriotic youth are the real successors of our present and future.

References:

1. (n.d.). The Speech of the Republic of Uzbekistan Shavkat Mirziyoyev in the IV conference of "Kamolot" Youth Movement. info@gazeta.uz