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THE IMPACT OF CHANGES IN HUMAN CONSCIOUSNESS AND THINKING ON SOCIAL LIFE

Abstract: This article examines the impact of social life on the transformation of human consciousness and thinking in our country, which has an independent path of development, and the role and importance of the idea of "from national revival to national development" in these processes. In addition, the researchers' opinions are presented in the context of the topic and compared with the author's personal approaches.

Key words: idea, national idea, system, social life, society, new reforms, independent development, national revival.

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Introduction

The place where the process of change of human consciousness and thinking takes place is social life. The connection of these two concepts is related to the formation of social life of the human mind and the dialectical influence of social life on the transformation of the human mind. However, the impact of the human mind on social life can be different. First of all, it is necessary to define the concept of social life. Social life is a concept that represents the social relations that members of society perform together in social processes and the duration of their implementation. Indeed, social life is the movement of a person in the social space in which he operates. The issue of social life and man has always been relevant. Social life is composed of complex social relations and processes, which in turn are influenced by many factors. It is known that social, political, religious, cultural, moral relations are carried out in the society and they are carried out within the spheres of social life. These relationships are directly related to a person's spiritual world and his or her consciousness. Changes in objective existence directly affect the human mind as changes in social processes. When a person encounters a problem in social life, he seeks a solution to that

problem as an objective effect. And this solution is found in many ways through changes in the inner world of man, in everyday life, in social life. Hence, the change of human consciousness plays a very important role in the formation of social life.

Materials and methods

The following tasks of the national idea, based on its existing content and essence, try to explain the events and processes that take place in society and human thought, and to generate certain ideas about them in the minds of people. As a result, people develop a new worldview.

In today's process of renewal, people are not sufficiently involved in the various relationships in social life. Because the old worldview, the lack of initiative, the lack of knowledge and skills, prevents people from moving in sync with the time. "In the era of reforms, it is important that people strive for innovation, absorb it quickly, be socially active, creative, have new, free human qualities, norms and knowledge, work and social skills, and live and work with long-term strategic goals"[1]. Changes in the consciousness and thinking of each person have a strong impact on the development of society. And this preserves the national identity of the society, creating

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important opportunities for its ideological and traditional transformation.

The traditional peculiarities of consciousness are so deeply ingrained in social life that their transformation is not easy. Thus, a connection is formed between consciousness and social life. However, in some scientific studies the impact of consciousness and thinking on social life will not paid attention at all. It is true that other very important aspects of social life can be considered in scientific research. But the question of consciousness is a matter of primary importance in the study of social life. Moreover, consciousness is inextricably linked not only with human social life, but also with economic, political and cultural spheres of life.

Important principles of increasing the effectiveness of the mechanisms of changing the human consciousness and thinking of the national system of ideas are as follows:

- priority of human freedom, rights and interests;
- human dignity and worth, its interpretation at the highest level;
- rule of law and justice;
- based on the harmony of national and common interests;
- pluralism and diversity of opinion, etc.

We can be the witnesses that the more deeply the national idea is approached in the interests of society, the more it is approached in the life of man and the factors that ensure his safe life.

Public opinion has also served as an important factor in the transformation of human consciousness and thinking in the East. Public opinion is important in people making certain decisions, and it is a process that is observed in every sphere of social life.

The most pressing aspect of the issue lies in the study of the factors influencing the change of consciousness and the place of the national idea in them and, as a result, the forms of their impact on social life. The change of human consciousness and thinking is a process associated with the socio-economic, spiritual, cultural, political and historical life of a nation and the development of its value system, the self-enrichment of the national idea in line with modern requirements. As society develops as a whole social organism, it in turn has a significant impact on the human mind and thinking. Human consciousness, as a reflection of objective reality itself, produces ideas that accelerate changes in society. First of all, changes in human consciousness and thinking are reflected in the processes associated with the process by which an individual sets a relationship as a member of society. For example, it has an impact on a person's daily lifestyle. The simple actions a person performs in their daily lives are also associated with a change in consciousness. For example, the Uzbek national character and on this basis, it is important in the organization of life. And the change in social consciousness and thinking, in

turn, contributes to the transformation of forms of social consciousness and the realization of dynamic changes.

The rapid change of this period has brought the transformation of human consciousness and thinking to such an important level that it is also extremely important for a person to decide his civic position not to be indifferent and indifferent to the events around him in shaping "me" as a human and his independent outlook.

As the social way of life develops as a complex contradictory way of life, it expresses various influencing factors in itself. In this sense, it is appropriate to express opinions on the dialectical connection between human consciousness, thinking and social life and the impact of consciousness on social life. Consequently, one of the indicators that determines changes in social life is a change in the human mind.

These two concepts: consciousness and thinking have an equal impact on the stability of social life. It is not right to divide them by their importance. The change of human consciousness, in turn, is an important force that brings to life the creative ideas that cause change in our society. The Action Strategy identifies new and important tasks to increase human participation in community-building reforms. The principles of this definition are programmatic in solving the problem of hearing the pain of listening to the human heart. These principles include further improving the spiritual potential of man, increasing human activism in reforms, strengthening respect for national and universal values in man, further strengthening the feelings of the human mind and heart.

For the national idea to function as a system in order to become a system that leads to the noble goals of the people "... truth must become the sole criterion of ideology"[2]. If a person does not develop, society will not develop," said Mirziyoyev. The transformation and development of human consciousness and thinking is a long-term historical process that reflects the material and cultural heritage that people have achieved. Historical development is inextricably linked with the socio-political, economic, cultural, educational, ideological and ideological development of society.

In today's era where the struggle for human consciousness and thinking is crucial, it is important to change it. "Changing consciousness is becoming a necessity in our society, the right to choose the basic principles of a market economy, entrepreneurship, initiative and risk[3]. The process of change in human consciousness and thinking that takes place as a result of independence is not a spontaneous process, but the process of formation of a new free thinking and consciousness that is free from ideological influences due to the beginning of a period of radical change. As the first President Islam Karimov said: "Undoubtedly,

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the decisive factor in achieving high goals is the changes in the consciousness and worldview of the people of our country"[4]. It will be difficult for a society to develop if man is not developed through these changes. Continuing our opinion on human consciousness and thinking, it should be noted that in the conditions of independence in our society there have been dramatic changes in the human consciousness and thinking against the background of previous inactiveness. Different characteristics in people are being formed with the development of democratic consciousness.

Results and analysis

There are different views and approaches on how the development of society depends on changes in human consciousness and thinking.

If the human mind and thinking directly affect the change in a person's life, then it expresses in itself an objective necessity in society. That is, the transformation of human life serves as the primary stage of the transformation of the human mind. The change in human consciousness and thinking is primarily due to the fact that we organize the independent activities of trade unions of political parties, independent institutions of civil society, volunteer organizations for various purposes and the media. Liberalization of public life and, on the other hand, the rule of law provide the legal basis for a change of consciousness. Modern society is characterized by a very complex ideological confrontation with the new global changes. In such a situation, it is important from a socio-ideological point of view that noble ideas change the basis of human consciousness and thinking.

The system of national ideas is based on the transformation of consciousness and thinking:

- Historical memory
- Achievements of modern science;
- Propaganda technologies

The reason why the national idea is based on the achievements of modern science is that the people want to apply the experience of developed nations in the life of society. Their experience shows us that relying on the modern achievements of science can increase the capacity of the human mind. While the nation takes development as its national goal, modern

science, which is the criterion of development today, seeks to rely on the development of globalization and information technology. "... an example of this is the Decree of the President of the Republic of Uzbekistan "On approval of the Concept of Science Development until 2030", adopted to identify priorities for the systematic reform of science in the future, to train highly qualified personnel with modern knowledge and independent thinking[5].

When can a system of national ideas change consciousness? When the existing mechanisms represent the interests of the parties when they are in line with the goals. It is this principle that is a necessary condition for a change of consciousness. A change of consciousness in society occurs when the goals of the national idea coincide with the goals of the people. The type of movement of the mechanisms of change of human consciousness is related to different types, i.e. can be in the form of regular, random, internal and external, and so on.

Conclusion

Today, reforms aimed at changing the human mind and thinking are not based on the interests of certain categories, but on commitment to national and universal values. The change in individual consciousness and thinking is a two-way issue, and changes in it can be either positive or negative. The role of state social policy in the development of social consciousness and thinking of the population of our country is great. Social characteristics that do not serve national characteristics and the interests and social development of the people can in turn have a negative impact on the development of your states.

Thus, a detailed study of the shawls of the impact of changes in human consciousness and thinking on social life shows that two trends stand out in this process. The first is that the change in consciousness and thinking in the social life of modern man is more measured by practical actions, and more reference is made to the direct influence exerted on social life. That is, we can analyze change only when it reflects the inner world of man, and it considers only the direct effects, and the second is that any form of change of consciousness and thinking in social life is directly and indirectly related to the national idea.

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